

ALTON u3a Group(s) Selection 2026-27

YOUR DETAILS (please print)

Title	Forename	Surname	Membership No (existing members only)
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- Please tick the 'Join' box for the group(s) that you would like to join and return this form along with your Membership Application form to the Membership Secretary.
- Groups marked * have limited membership. New prospective members may be placed on a waiting list.
- Groups marked ** are progressive in nature and regular attendance is required.
- Information about each group and the Group Leader's contact details are in the Annual Programme. Please contact the Group Leader if you want further information.

Group	Join	Group	Join	Group	Join
MONDAY					
Books We Have Enjoyed (B)*		Bridge Club (G)		Craft and Chat (B) *	
Current Affairs (S)		Exploring Epic Poems (R) *		Fitsteps Fun Dancing (G) *	
French Improvers (S) **		Local History Projects (B)		Music Discovery (B)	
New Year Book Club (B) *		Our Fifth Book Club (B) *		Painting for Fun (S) *	
Rambling (R)		Rummikub Club (B) *		Scottish Country Dancing (G) **	
TUESDAY					
Amateur Movie Makers (B) *		Backgammon (B) *		Ballroom and Latin Dancing (G) *	
Board Games (B) *		Chess (B)		Craft and Chat (B) *	
Cryptic Crosswords (B)		Cycling (People Powered) (R)		Debatable History (B) *	
Embroidery (B) *		Finance & Economics (B)		Literature: The Novel (S) *	
Luncheon Club (R) *		Peaceful Warrior (G) *		Photography (B) *	
Play Piano for Pleasure (R)		Puzzles & Mind Games (B) *		Scottish Country Dancing Workshop (S) **	
Stitched Textile Art (B) *		Yoga Chair (G)		Yoga Mat (G)	
WEDNESDAY					
Acoustic Guitar 1 (S) *		Acoustic Guitar 2 (S) *		Adult Ballet (R) *	
Birdwatching (R) *		Choir (G) **		Creative Writing 2 (B) *	
History for Beginners (B)		Pilates (G) *		Play Reading (S) *	
Ukulele for Fun Beginners (S)		Ukulele for Fun Improvers (S)		Vinyl Record Club (B) *	
Wednesday Walks (R)		You Heard it on the Grapevine (B)			
THURSDAY					
Art Appreciation (B)		Badminton (R) *		Bridge Improvers (S) *	
Canasta (S) *		Computer Group (B) *		Creative Writing 1 (S) *	
Critical Thinking (S) *		History of Alton (B)		Line Dancing for Beginners (S) *	
Mindfulness (B) **		Modern Novels (B) *		Moving On (B) *	
Popular Science (B) *		Rambling (R)		Recorder Group (G) **	
Thursday Book Club (B) *		Wilfred Owen Poetry & Life (B) *		Zumba Gold Chair (G) *	

Group	Join	Group	Join	Group	Join
FRIDAY					
Adult Ballet (R) *		Adult Tap (R) *		Breathwork Two Styles (R)	
Creative Writing Friday (S) *		Family History (B)		Guitar for Beginners (S)	
Guitar for Improvers (S)		Listening to Jazz (B) *		Mahjong Beginners (S) *	
Mahjong Intermediate (S) *		Poetry Appreciation (B) *		Soul ((Health)) Bounce (G) *	
Tai Chi Advanced (G) *		Tai Chi for Beginners (G) *			
WEEKENDS					
Members on their own (B) *		Weekend Wanderings (B) *			
SUNDAY					
Enneagram Introduction (B)*					
MONDAY, WEDNESDAY & FRIDAY					
Walking with Dogs (R)					