

ALTON u3a Group(s) Selection 2025-26

YOUR DETAILS (please print)

Title	Forename	Surname	Membership No (existing members only)
-------	----------	---------	--

- Please tick the 'Join?' box for the group(s) that you would like to join and return this form along with your Membership Application form to the Membership Secretary.
- Groups marked * have limited membership. New prospective members may be placed on a waiting list.
- Groups marked ** are progressive in nature and regular attendance is required.
- Information about each group and the Group Leader's contact details are in the Annual Programme. Please contact the Group Leader if you want further information.

Group	Join?	Group	Join?	Group	Join?
MONDAY					
Books We Have Enjoyed (B)		Bridge Club (G)		Current Affairs (S)	
Exploring Epic Poems (R) *		Fitsteps Fun Dancing (G)		French Improvers (S) **	
Local History Projects (B)		Music Discovery (B)		Painting for Fun (S)	
Rambling (R)		Scottish Country Dancing (G) **			
TUESDAY					
Backgammon (B)		Ballroom and Latin Dancing (S)		Board Games (B)	
Chess (B)		Craft and Chat (B)		Cryptic Crosswords for Beginners (B) *	
Cycling (People Powered) (R)		Embroidery: beyond cross-stitch (B) *		Finance & Economics (B)	
Investigating Faiths (B)		Literature: The Novel (S)		Luncheon Club (R)	
Motorcycle Group (R)		Photography (B)		Play Piano for Pleasure (R)	
Puzzles & Mind Games (B)		Scottish Country Dancing Workshop (S) **		Stitched Textile Art (B) *	
Yoga Chair (G)		Yoga Mat (G)			
WEDNESDAY					
Archaeology (B)		Birdwatching (R) *		Book Group (R) *	
Choir (G) **		Creative Writing 2 (B) *		Folk Guitar (S)	
Fun Maths (B)		Gardening for All (B)		History for Beginners (B)	
Moving On (B)		Pilates (G)		Play Reading (S) *	
Ukulele for Fun (S)		Vinyl Record Club (B)		Wednesday Walks (R)	
Wine Tasting (B)					
THURSDAY					
Art Appreciation (B)		Badminton (R)		Book Club (B)	
Bridge: Beginners and Improvers (S)		Canasta (S)		Computer Group (B)	
Creative Writing 1 (S) *		Cycling (People Powered) (R)		History of Alton (B)	
Line Dancing for Beginners (S)		Mindfulness (B) **		Popular Science (B)	
Rambling (R)		Recorder Group (G) **		Zumba Gold Chair (G)	
FRIDAY					
Ballet Class (R)		Family History (B)		Guitar for Fun (S)	
Listening to Jazz (B)		Mah Jong (S)		Poetry Appreciation (B)	
Tai Chi (G)		Tai Chi for Beginners (G)		Tap Dancing Class (R)	
Ukulele for Beginners (S)					

SUNDAY					
Enneagram Introduction (B)					
WEEKENDS					
Members on their own (B)					