

Alton u3a Ballet and Tap Opportunity-This could satisfy an ambition!!

An opportunity has been offered to u3a for exclusive ballet and/or tap dancing classes in a local professional studio. The costs are very similar to our current costs where we employ an expert teacher. There is free parking available. The classes will be for between 5 and 12 people for all abilities.

The details are outlined below.

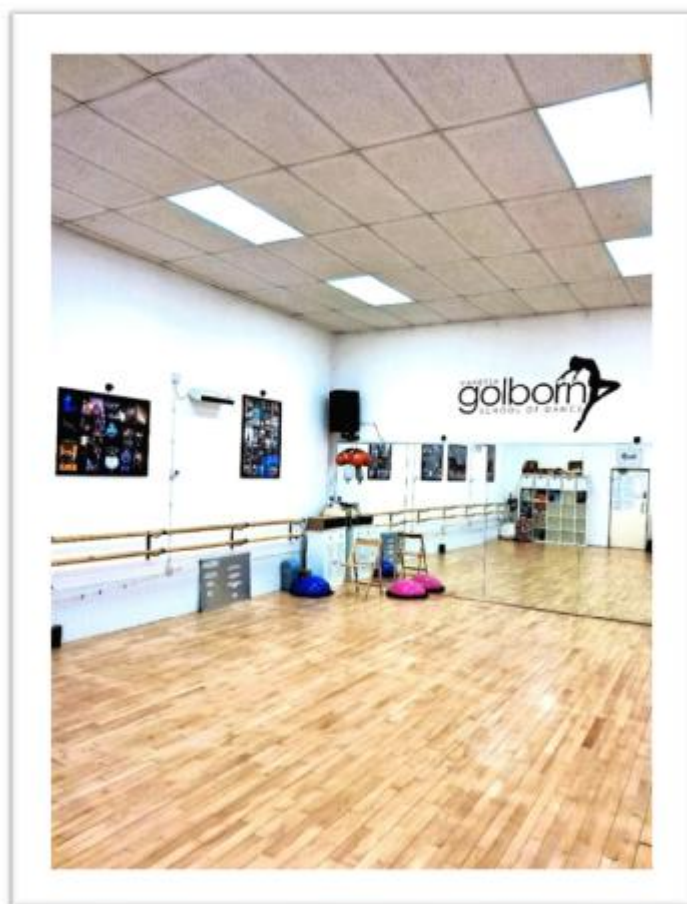
Please read the document and if you are interested you are invited to email me by the 18th November with answers to the questions in red.

We will then be able to decide if there is sufficient interest to form a class, which days are best and should it be tap and/or ballet.

If the answers are positive, we will ask for members to join and then classes will start early in January 2025 to satisfy any New Year's resolutions of trying something different!

Summary: Exclusively offered to u3a members

- Professional teachers and facilities.
- Café and free parking adjacent to Energique in Anstey Lane
- Minimum Class size of 5 but prefer 10
- Lessons are not Progressive. Teachers understand physical limitations
- Tap or ballet or mixed—depends on the demand.
- Discounts offered. The cost is similar to our current expert teachers
- Need to commit to each half term with payment up front, but the school will be flexible on banking credits.
- Shoes required.
- Start early January 2024



Vanessa Golborn, the principal for the ballet school is offering ballet and/or Tap classes exclusively to u3a members at a discounted rate.

Background: Vanessa and her team have taught ballet and tap for many years in Alton, to adults, young people and children. This has been in the Sports Centre where they still teach. Recently she has fitted out the above studio next to Energique with mirrors, bars, sprung floor and all the equipment required to teach dance.

Class Size: The absolute minimum would be 5, but an optimum number is 10, that could be stretched to 12 if there was the demand. She also has the capacity to run more than one class. Men and women are both welcome. Vanessa is very aware that it will be a mixed ability class where some members may have physical limitations, and she tailors the routines accordingly.

The classes are not progressive: The exercises often build week on week so that they are longer – better for the brain / cognitive and muscular strengths. Also, the longer sequences are nice to create more of a ‘dance’ feel. Missing occasional or even alternate sessions would not be a problem.

Class Content: This could be ballet or tap, or even a mixture of both on alternating weeks. It depends on the demand.

Price: Vanessa offers a class exclusive to u3a members on a weekly basis providing the minimum numbers were met at £5.00 per 45-minute class. Normally she would charge £7.90 for a 45-minute session. If she was to offer 60-minute classes, this would be discounted at the same rate from £9.43 to £6.00/hour.

These fees would be paid to her directly before the term starts, so applicants would need to commit for around 6 weeks up to half term. If members find it difficult to attend for some reason, then Vanessa will be flexible and issue credits for other classes.

Clothing; Ballet shoes would cost £10 to £15 and Tap Shoes £25 to £45. Vanessa can help supply these. No other specialist kit is required.

Timing: This would start in first week of January 2025.

The days available could be Monday, Thursday and Friday any time until 2pm

If you are interested, please email reply to me by 18th November as follows:

I am definitely interested.

I would prefer tap or ballet or a mixture

I would prefer 45 or 60 minutes.

I would prefer Monday, Thursday or Friday.

Please do not hesitate to send any questions. Having determined if there is sufficient interest then we will set up the class(es) accordingly

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